

NEW TO V & C FOODS

Delivered
Frozen/Store
Chilled



Why use fresh
when we've
done it for
you?

BASIL 395g	\$10.50 per bottle
HOT CHILLI 410g	\$10.50 per bottle
GARLIC 400g	\$8.50 per bottle
CHUNKY GARLIC 390g	\$8.50 per bottle
GINGER 390g	\$8.50 per bottle

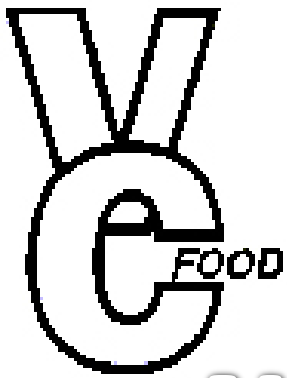
We pack a lot in

When you compare our product with market fresh herbs and spices, you'll really appreciate the savings... in time, effort and money.

And just think, all the hard work is already done for you - no washing, no peeling, no chopping, no waste, no worries.



Prices valid from the 8th Feb 10 to 8th March 10



AVAILABLE NOW



DIMEES (Dim Sims)

\$13.50 per 3kg Bag



**TROPICAL CRUMBED
SNAPPER 3kg
(Approx 140g/portion)**

**\$43.20 per 3kg Ctn
\$1.96 per portion
approx**

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Feb 10 to 8th March 10*